

The Wauwinet's serene **Spa by the Sea** has introduced four new Nantucket-inspired spa treatments to infuse the spirit, history, and natural beauty of this classic New England destination.



### **Cobblestone Massage**

Cobblestones can be a pain in the neck – but not when they are used to *soothe* pains in your neck. Smooth, rounded basalt stones are heated and then used with essential oils in a deep muscle tissue massage. The treatment reminds us why cobblestones can be so charming!

*60/90 minutes – \$155/\$225*

### **Atlantic Seaweed Body Wrap**

Seaweed clinging to our bodies as we try to swim in the Nantucket Sound? Annoying. Warm, nourishing seaweed swathing our bodies in a detoxifying wrap? Heaven! Natural seaweed is abundant in minerals, micronized vitamins, and enzymes – all of which our skin needs to look and feel its best.

*90 minutes – \$210*

### **Nantucket's Salt and Sea Scrub**

If the salty air rising off of Nantucket's world famous beaches doesn't quite do it, try this new salt and sea scrub. A blend of aromatic sea salts, minerals salts, and essential oils are massaged into the skin to remove impurities and dead skin cells while stimulating circulation.

*60 minutes – \$155*

### **Lavender Crush**

Just gazing at the soft purple color of the lavender fields on Nantucket is a soothing escape in itself. Take flower relaxation a bit further with the Lavender Crush treatment, which uses the healing and soothing powers of wild lavender in an invigorating aromatic full body exfoliation and massage.

*60 minutes – \$155*

The **Spa by the Sea** is located at The Wauwinet on Nantucket. Surrounded by a beautiful spa garden filled with aromatic flowers and herbs including local rose, chamomile, rosemary, lavender, and hydrangea, the spa offers treatments using fresh ingredients straight from the garden as well as spa products by Kerstin Florian.